

Foxdale Highlights

A newsletter for friends of Foxdale Village



Vi McLane

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Birthday Surprise Keeps Couple on the Water

“Kayaking is a great way to be outdoors and on the water.” —Sue Knox



*Above: Sue paddles expertly on one of the area lakes
Below: Maggie acts as scout while Bruce navigates*

Bruce and Susan Knox share a lifetime love of boating. For years they have taken canoe trips, paddling and portaging from lake to lake where they often visit in Maine.

So when Sue's birthday came around this past _____, Bruce surprised her with two bright shiny kayaks. They took them to Martha's Vineyard, where they practiced in the many inlets by the sea.

Back here in State College, they take them to some of the region's many lakes within a short drive of Foxdale. A couple of their favorites are Black Moshannon Lake and Lake Glendale in Prince Gallitzon State Park. They even share the ride with Maggie, their black lab, who sits happily in front of Bruce, supervising the paddling.

When not in use, the kayaks reside at the back of the Knox's carport, ready for a quick lift onto their car carrier. Then it's off to the water! ■



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Upcoming Programs

Following is a sampling of the special biweekly events that the Resident's Association Program Committee has planned for the coming months:

December

Westminster Bell Choir

January

Keystone Society of Swing Big Band Concert

Healthcare in the USA,
Jeffrey A. Ratner, MD

February

Nittany Knights Barbershop Quartet Concert

March

A History of Beaver Stadium,
Harry H. West

Interviewing Interesting People, Patty Satalia

April

Orfeo Duo Concert

Mission to Mars,
Peter Doms

Call for Dates and Times



Upcoming Artists' Exhibits in the Foxdale Gallery

January 21 - February 28
Art Alliance Mixed Media
Artist's Reception January 21st

March 11 - April 9
To Be Announced

April 15 - May 17
The Pastel Society
Artists' Reception April 15th

The Foxdale Art Gallery is located on the second floor of the Community Building. The exhibits are coordinated and produced by the Arts and Acquisitions Committee.

Shared by Foxdale resident Raymond Ayoub

Overheard—Where Else but at Foxdale?

Recently, walking toward the community building, I encountered two residents deep in conversation. I stopped and jokingly said “Didn’t you know that there is an ordinance against idle gossip?”

They assured me that they were not gossiping. The first said that she was disappointed in some of the translations of the Russian writer GOGOL.

“They did not convey the intent faithfully.”

The second chimed in.

“The same is true of some translations from the Chinese—the spirit is not maintained”.

What could I do but agree—woefully ignorant of the authors or the translations. As I walked back to my apartment, I reflected, how pleasant it is to be in an environment where important things are taken seriously! ■

A message from Bill James, Executive Director of Foxdale Village

Foxdale is an “Active Adult Community” and more!

Throughout the country we see a growing number of “Active Adult Communities” being promoted and advertised. That promotion is being made to the 55+ person who is searching for surroundings offering housing and activity in a community setting.

Look no further than Foxdale Village for that setting plus more! As you see from the other articles in this newsletter, activity abounds in our community. Through the window of my office I often see Sue and Bruce Knox driving away with their

kayaks on the roof of the car. It seems that not a day goes by that I do not see Dick Taber riding his bicycle off to somewhere in the State College area. I can’t forget Don Sherman, Billie Doty, Gloria Venett and the others who head out to visit the YMCA and various pools for swimming and aquatic exercise. A strong group of Foxdale Village walkers are frequently going out with local club members on the numerous

trails in our area. Forestry expert, John Buzzell can often be found hiking the woods, many times leading others on educational programs at Shavers Creek Environmental Center. In the last *State College Mile* benefitting the soon to be re-opened State Theatre on College Avenue, who did I see as I was running up the street, but Foxdale Village resident Jenifer Goetz!

These are just a few examples of our own “active” adult community. That activity extends to volunteer work, attendance at community and university educational,

artistic, and sporting events. There are many avenues for remaining active. As staff members we often marvel at the energy, commitment and determination of our residents who do so much with their lives and for other people. These residents are an inspiration to us each day. Become a resident of Foxdale Village and I believe that you too will be inspired at our “Active Adult Community”! ■

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Adventurous Foxdalers Love to Travel!

Foxdale Residents travel far and near. They fill out a “hold mail” slip, arrange for the care of any pets, have housekeeping water plants, and hop a ride to the airport in the Foxdale van. This year has been no exception. Destinations have included Las Vegas and Death Valley by a group of Foxdalers (upper left and lower left), Tibet and a cruise down the Yangtze River by Bob Crauder (left, second from bottom) while his wife Renee joined a group to Finland and then down the Norwegian coast (directly below) and the Galapagos Islands for some snorkeling and Machu Pichu by Bob and Barbara Kabel (bottom right). Norma Raffel went to Bhutan with a college roommate (top right) and later joined her husband, Marshall, and sailed to Newfoundland (second from top), Ireland, Amsterdam, Oslo and Copenhagen. Many others not shown have also explored near and far and they know that when they get home dinner is ready—without a trip to the grocery! ■





*A Quaker-Directed Continuing
Care Retirement Community*

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Editor: Libby Mortensen

Resident Consultants:
Ina and Larry Jaeger

Executive Director: Bill James

Contact us at:

814-238-3322 or 800-253-4951

Fax: 814-272-7824

admissions@foxdalevillage.org
www.foxdalevillage.org

It is the policy of Foxdale Village to be fully inclusive and not to discriminate on the basis of race, color, national origin, familial status, ancestry, gender, sexual orientation, religion, handicap, or disability. This policy applies to residents, physicians, and all employees and service providers.

Foxdale Village is a nonprofit, Quaker-directed retirement community accredited by the Continuing Care Accreditation Commission (CCAC), an independent accreditation commission sponsored by the American Association of Homes and Services for the Aging.



The Ups and Downs of Foreign Travel?

*Resident Norma Raffel takes a bumpy
camel ride on her trip to Mongolia.*

View other adventurous Foxdalers on page 3!

