

# Foxdale Highlights

*A newsletter for friends of Foxdale Village*



Vi McLane

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## Excitement Builds with First Move-ins to New Apartments

### ***Our new apartment building is now open!***

In early 2010, Bob Brandt, President of Benchmark Construction made a commitment to future residents of Foxdale Village by projecting the opening date for the newly designed apartments. "Mid-November—wouldn't it be great if it was 11/11/11?" stated Bob. An occupancy permit for apartments with scheduled move-ins *was* received on 11/11/11, allowing the first move to occur on schedule the very next day.



■ *The new attached apartment building features 57 units in several floor plans ranging from 1-bedroom to a 2-bedroom with 2½ baths and a sun room.*

"We are pleased at how well the neighborhoods all blend together, from the original cottage home design, to the new apartments, which will be connected by an interior link to our community building," said Jolene Hulson, Director of Residency Planning,

In the course of the first week of move-ins, over fifteen new neighbors joined the Foxdale family. Many of them are longtime friends of those already residing at Foxdale or others who will be moving in the near future. By early December, the residents of over thirty of the new fifty-seven apartments will be settled in, with more joining each month. For many it is a family effort, helping prepare for the move all the way to unpacking the last box. For some residents knowing they have

made this move before the holidays was expressed as "the best gift I can share with my family...peace of mind."

During December, more of the community spaces will be completed, including the fireside living room with a view of Mount Nittany, and the new wellness center with a spacious new exercise room and fitness equipment. "All of the community spaces are available to all residents here at Foxdale," shares Bill James, Foxdale's Executive Director. "We appreciate the patience of residents, staff, and our Marylyn Avenue neighbors who have lived through the construction-renovation phase so far and embrace how this will enhance our community life."

***"the best gift I can share with my family...peace of mind."***

From the excitement of the Board of Trustees' and Foxdale residents' "Hats off" gathering on November 17th to celebrating the holidays in newly refurbished dining areas and moving forward in 2012 to the final construction—completing new personal care, memory care, and renovated/new skilled nursing...Foxdale Village welcomes "new spaces and new faces" to our community. ■

***Contact Foxdale's Residency Planning Office today to schedule your personal tour. Only a limited number of apartments remain and several cottage homes are being renovated in time for a Spring move.***

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## Scout Troop Learns from Foxdale's Construction Project

### *"Women in Construction" provides role models for local Brownie troop*



Seven and eight year old girls from Brownie Girl Scout Troop 40396 were treated to a special event, ***Women in Construction***, presented by Foxdale Village and Benchmark Construction. Nancy Stoner, Assistant Project Manager, and Julie Good, Project Manager, MEP (Mechanical, Electrical and Plumbing) Specialist, were on hand to present several topics including building a living space adapted for people with special needs, and safety in the home as well as in construction.

The girls then toured the Design Center with Foxdale's Move-in Coordinator, Allison Baxter, and explored safety and design elements which have been incorporated into the design of Foxdale's new 57-unit apartment building. The Design Center is a unique space created to showcase the finishes, fixtures and appliances that are included in the new building. The girls especially enjoyed viewing the animated architectural renderings of the building. "It was cool to get to see the video of the inside of the apartments," exclaimed one of the scouts.

The Scouts then donned hard hats and walked the perimeter of the construction site. This was a great opportunity for the girls to ask many questions about construction and the machinery and equipment on site.

The girls then returned to the Design Center and worked on a model city made from re-purposed paper boxes. Their creativity shone as they built a city and named it Recycleville. Their city included streets, homes, a hospital, a shopping center, a police station and a park. For their

efforts, the girls earned the "Building Art" Try-it award. Foxdale Village and Benchmark Construction were happy to provide this unique opportunity to area Girl Scouts. ■



■ *Brownie Scouts learn about construction careers and safety practices with the "Women in Construction" event at Foxdale Village.*

*Welcome to the following new Foxdale residents as of October 2011:*

Janet Atwood  
Dulcy Bryan  
Doris and Glenn Carter  
Sabrina Chapman and  
Marilyn Eastridge  
Eleanor and Glenn Haney

Werner Kirmse  
Marjorie E. Nelson  
Betty Nesbitt  
Ellen L. Perry  
Arthur Rose  
Ann H. Stearns

Audrey and Earl Stover  
Barbara and Tom Thwaites  
Shirley and Jim Vogelsong  
Tom Young  
Beverly and John Zavodni

# Foxdale Serves Up Changes in Dining Services

Exciting changes have been made to our Dining Services over the past year. The focus has been to improve the dining experience by expanding services and flexibility.

Some changes have been structural, with the opening of the beautiful new café and the upcoming renovations to the Dining Room. The kitchen has also undergone a complete renovation and expansion project. The Dining Services staff have shown patience and creativity throughout—and

have continued to smile, despite the great inconvenience.

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***“I particularly enjoy the chef specials offered each day.”***

**-Glenn Carter, Foxdale resident**

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Other changes are less obvious, but have had a huge impact. The addition of Zach Lorber, new Foxdale Executive Chef, has infused a positive energy to the Foxdale dining experience. Zach’s expertise in vegan recipes has resulted in many new menu choices from diverse ethnic cuisines, featuring whole grains and fresh produce, that have been well received by residents.

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***“I enjoy the tasty vegan dishes.”***

**-Mary J. Hutchins, Foxdale resident**

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Foxdale’s flexible meal point system allows residents to choose from several meal plans and attend the meals that best suit their schedule. The plan is to expand this policy by implementing a dining card that would provide even greater flexibility.

The addition of a third venue, the Friendship Dining, is slated to be completed with the final phase of the construction project and will provide yet another choice—and at Foxdale, choices are good! ■



■ *Chef Zach Lorber and intern Angela Snyder prepare and serve crepes in the Foxdale Café.*

## The Foxdale Café

The Foxdale Village Café offers casual dining overlooking the Village Green and features:

- Open 7 am - 7 pm, 7 days a week
- Hot entrees featured daily at breakfast, lunch, and dinner (available dine-in or carry out)
- Made-to-order Grill Station featuring breakfast available all day
- Made-to-order Deli Station featuring all your deli favorites, paninis, wraps, and specialty salads
- Hand-dipped ice cream
- Covered outdoor patio seating
- Made-from-scratch soups daily

## The Dining Room

The Foxdale Village Dining Room offers restaurant-style service for the main meal each day and features:

- Delicious made-from-scratch cooking and baking
- Weekly chef demonstrations and made-to-order exhibition stations
- Stir Fry every Thursday night
- Nutritious vegan entrees, from diverse ethnic cuisines, featuring whole grains and fresh produce
- Holiday and Special Event buffets
- Professionally trained management team and Registered Dietitian

## Upcoming Programs

*Following is a sampling of the special biweekly events that the Residents' Association Program Committee has planned for the coming months:*

### DECEMBER

- 4th *Christmas Concert*  
Bellefonte Community Band
- 13th *Westminster Bell Choir*
- 27th *Jazz Program*  
Arthur Goldstein

### JANUARY

- 10th *Patricia Best*, Former Superintendent of State College Schools
- 19th *Valerie Burch*  
Civil Rights Attorney
- 24th *The Oregon Trail*, Bob Kabel

### FEBRUARY

- 14th *Contra Dancers*
- 28th Foxdale Residents present  
*China Adventures*



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## The Foxdale Village Art Gallery

The Foxdale Art Gallery is located on the second floor of the Community Building. The exhibits are coordinated and produced by the Arts and Acquisitions Committee. Beginning January 15th the Art Alliance will feature Children Artists' Summer Camp and Workshop Artwork.



*Shorepoint* was recently featured in a show of works by Roger Parish