

## **Foxdale Village Coronavirus Update**

**As June 10, 2020**

The Foxdale team continues to work diligently to ensure that we are following all recommendations that are being released by the Center for Disease Control (CDC), the Pennsylvania Department of Health (PA-DOH), the Centers for Medicare and Medicaid Services (CMS), and the Pennsylvania Governor's office. We need everyone's help and support in following our community's protocols in order to mitigate the spread of COVID-19. As always, the wellbeing of our residents and staff are of the utmost importance to us.

Below are the most up to date information and protocols for Foxdale Village  
as of June 10, 2020:

### 1) Visitation and Interactions:

- a. All visitation inside the health center is prohibited except in end of life situations with permission from the Director of Health Services.
- b. We have cancelled all Health Center outings until further notice.
- c. All visitation inside the Foxdale community is prohibited. This includes the Health Center and the Community Building.
- d. Residents are asked to maintain on the Foxdale Campus and their cottages and apartments as much as possible to limit their exposure to others. If a resident has an issue that needs to be addressed, they may call the Foxdale Helpline at 272-2230.
- e. Please do not have any visitors inside of your cottage or apartment. Please do not visit inside of your neighbor's cottages or apartments. Residents are permitted to gather outside in groups of 6 or less, with masks on, and maintaining 6 feet physical distances from one another. Please do not have neighborhood gatherings larger than six people even if you are doing them outside.
- f. Normal housekeeping needed work orders, and emergency response will continue to be provided to all residents, but staff will wear appropriate personal protective equipment.
- g. Housekeeping will continue to be scheduled for every other week in apartments and cottages.
- h. We ask that everyone create physical distances from one another by remaining at least 6 ft. away from others when at all possible.
- i. Continue to practice good hand hygiene and notify the medical home if you have any cold symptoms such as cough, sore throat, runny nose, or fever over 100.0 degrees Fahrenheit.

## 2) Masks

- a. All staff and residents should be wearing masks at all times when interacting with others.
- b. We continue to utilize home-made fabric masks for many of the lower risk activities and are saving the surgical masks for the work being done in the Health Center.
- c. Keep in mind that by wearing a mask, you are protecting others. If everyone protects those around them, we hopefully will keep the spread of the coronavirus to a minimum.

## 3) Dining and Food Procurement:

- a. The Community Center is closed, which includes the Main Dining Room and the Café.
- b. We continue to request that residents prepare their own meals at home if possible.
- c. One meal per day is available at lunchtime for residents in their cottage or apartment. These meals will be delivered by staff. Lunch meals can be ordered by calling 272-2255.
- d. Darlington residents need to remain in Darlington for their meals.
- e. Anthony residents need to remain in Anthony for their meals.
- f. You are still permitted to go out to the grocery store, but please only do this if necessary, and try to limit trips. We advise the use of a mask and gloves when shopping, and please wash and/or sanitize your hands after leaving the store. If you do not have a mask or gloves, please stop by the front entrance on your way to the store and we can supply you with both.
- g. You also have the option of ordering groceries thru the in-house grocery program. Please just complete a grocery order card and leave it in the mailbag on your doorknob.
- h. Deliveries of groceries and supplies from outside vendors is still permitted, but please meet the delivery person at your door, and wear a mask to do so.

## 4) Events, Programs and Transportation

- a. All events, programs, meetings, and gatherings on campus have been canceled until further notice.
- b. The weekly Gathering on Wednesdays is canceled. Please send announcements that you would like to have in the Flyer to Shirley Miller.

- c. Transportation to medical appointments has resumed.
- d. We will work individually with residents to determine if medical appointments are essential and reschedule those that can wait.
- g. Resident mail is being delivered by staff to apartments and cottages. Each resident has a mailbag on their doorknob for both incoming and outgoing mail. Please place any outgoing mail, whether it be postal mail or mail that needs to come down to the Community Center, in your mailbag by 8:00 a.m. each day. The previous day's mail will be delivered directly to your cottage or apartment Monday thru Friday. On Monday, you will receive both Friday's and Saturday's mail. If anyone objects to a Foxdale staff member delivering their mail, please let us know.
- h. You are permitted to take walks and walk your pets, and we encourage residents to do so. Everyone needs to get some exercise. However, please keep the required 6 feet distance from others and wear a mask.

## 5) Programs

- a. We will be continuing to have exercise programs and other programming in the neighborhoods, to help break up the monotony of the quarantine situation, but we need everyone's cooperation to adhere to the protocols even during these programs.
- b. If there is an exercise or music program in your neighborhood, please participate from the sidewalk outside of your door. Please do not gather in the courtyards and please do not follow the program to the next neighborhood.
- c. Please keep 6 feet distances between people during the program.
- d. Our wellness staff have been instructed to enforce these rules. We want to continue to provide this programming, but it needs to be done within the protocols that we have established.

## 6) Communication

- a. We will be providing a video update on the in-house TV channel (channel 956) at 4:00 p.m. on Monday, Wednesday, and Friday's. The video update is also available on the resident portal. Please tune in to hear the latest updates.
- b. If you have any questions that you would like addressed on the daily video update, please submit them to Nate Ashton by email at [nashton@foxdalevillage.org](mailto:nashton@foxdalevillage.org) by 10:00 a.m. each day.
- c. We will be keeping our Foxdale website updated frequently with the latest news and updates for Foxdale regarding the Coronavirus COVID-19.

d. We have also arranged a basic Helpline that residents can call for a variety of reasons - if you need assistance, groceries, or have questions. The number for the Helpline is 272-2230. Please leave a message, and a staff member will get back to you. If you need groceries or supplies, leave a general message about your need and a staff member will call back to get details. We will no longer be taking any residents to the grocery store, but we are willing to assist residents with their grocery shopping and/or supply needs, within reason. Please leave all requests on the Helpline.

e. Staff are checking in on residents by phone on Mondays and Thursdays. We will only be checking on residents that we have not had contact with within the previous 24 hours. If we have had contact with you in some other way (meal delivery, medication, daily well-check) we will not be calling you. Any resident who would like a call, regardless of contact with you in other ways, may request a call on Mondays and Thursdays.

f. Every resident also has the option of joining the well-check system, which is a daily check-in system. Please call Sarah in Social Services for more information on that program.

Listed below are a number of different phone numbers that you may need for different services:

If you are interested in being added to the Well Check system, you can contact Sarah Ayers-Cook at 272-2138.

If you have any questions on the updated cleaning schedules, the mail delivery, or if you would like to cancel your housekeeping, please contact Adam Day at 272-2143.

The meal order phone line number is 272-2255. If you have questions about the in-house grocery program, please call Melody Daer, our Food and Beverage Director, at 272-2121.

The phone number for the Foxdale Helpline is 272-2230.

**Please do not use any of these phone lines for reporting of emergency situations.**

Thank you,

Rich Lysle, CEO Meg Clouser, Director of Health Services